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Dog gone no longer

Talia, the pooch from Colombia who vanished during a snowstorm, is safe and sound

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Money can buy you 'like'

Companies, celebs — even the U.S. — hire 'click farms' to create fake buzz online

PAGE 6

Malmö medal misery

Canada forward Jonathan Drouin reacts after losing 2-1 to Russia in the bronze-medal game at the IIHF World Junior Hockey Championships in Malmö, Sweden, Sunday.

SEE STORY ON PAGE 13

FRANK GUNN/THE CANADIAN PRESS

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Thorny issue

Inquest into death of man during 34-hour ER wait turns to hospital backlogs

An inquest examining the death of a man during a 34-hour wait in a Winnipeg hospital emergency room is poised to tackle the thorny “nationwide phenomenon” of long hospital wait times and backlogs.

The inquest into Brian Sinclair's death heard from more than 70 witnesses in 2013 and is expected to hear many more when it resumes Monday.

Inquest counsel David Frayer said the court has heard detailed evidence about Sinclair and the 34 hours he spent in the emergency room before he was discovered dead. The court's attention will now turn to the national problem of clogged hospital emergency departments, he said.

“The reasons for delays in treating patients presenting in emergency departments of the Winnipeg Regional Health Authority hospitals and measures necessary to reduce the delays in treating patients — that's really going to be, in part, the focus of Phase 2,” Frayer said.

Sinclair died from a treatable bladder infection caused by a blocked catheter. Manitoba's chief medical examiner has testified Sinclair needed to see a doctor for about half-an-hour for a simple catheter change and a prescription for antibiotics.

Emily Hill, lawyer for Aboriginal Legal Services of Toronto, which has standing at the inquest, said numerous hospital employees have testified they worked 12-hour shifts in the emergency room but didn't see Sinclair. She said the inquest needs to delve into why the double amputee, who was partially blocking an aisle in the emergency room, was so invisible.

The answer may lie in the negative stereotypes of aboriginal people that are “deeply rooted in Canadian society,” she said.

The inquest is scheduled to sit for a week in January and two weeks in February. **THE CANADIAN PRESS**

WANT TO BE HEALTHIER THIS YEAR? SIGN UP FOR THINGS



WHAT'S GOOD
Ace Burpee
winnipeg@metronews.ca

Happy new year. Whether it was a resolution of yours or not, I'm sure you'd prefer to be in better physical shape this year than last.

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think it. It's easy to come up with a million reasons to not do something. Also easy? Signing up for stuff.

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Dog that went missing in frigid cold found alive

18-month-old pet.

Dog from South America went missing in bone-chilling Winnipeg weather

There's been a happy ending to the story of a missing dog in Winnipeg.

On Boxing Day, a family in the city was thrilled to greet their 18-month-old pet, Talia, a part-golden-retriever who had just arrived on a plane from Colombia.

Lourdes Villa, also from Colombia, is starting a new life in Winnipeg with her 11-year-old daughter after separating from her husband.

But after just one day, Talia got loose and vanished into a wicked snowstorm and spent the next few days surviving in bitterly cold — and unfamiliar — weather.

When news of the family's heartbreak got out, volunteers from Winnipeg Lost Dog Alert rallied and started patrolling



Talia was found on the Louise Bridge after running away Boxing Day.
WINNIPEG LOST DOG ALERT/FACEBOOK

areas where Talia might be.

Janelle McLeod of the website says there were several sightings, and then a motorist spotted Talia darting in and out of traffic and was able to coax the animal into her car.

“Talia has been found!” trumpets the announcement on the volunteer group's website.

“It is with tears of joy we announce Talia has been found and is safely in the hands of her

family!

“She was found by Lois Reid on the Louise Bridge who recognized Talia from our posts. She has been to a vet and is safe and sound and now at home.”

THE CANADIAN PRESS

Court. Winnipeg Teen sentenced for lighting classmate's hair on fire

A Winnipeg teenager has been sentenced to 18 months of supervised probation for trying to set a Jewish classmate's hair on fire in a high school hallway.

The 15-year-old girl's hair was singed, but she was not seriously injured.

The court heard the boy,

who was also 15 at the time of the November 2011 attack, made anti-Semitic comments during the assault.

But the Crown said it did not appear anti-Semitism motivated the youth and he used the words because he was a “jerk and a bully.”

THE CANADIAN PRESS

Cause of death unknown. Homicide on Fernwood Ave. could be 2013's last

Winnipeg police said a homicide discovered on Saturday could be from before the new year.

Police were called to a suite in an apartment block in the 200 block of Fernwood Avenue at about 4:30 p.m. where they found a 69-year-old Keith George McFee

dead.

Winnipeg police said Saturday that the cause of the man's death is still unknown, however, the man suffered upper body injuries. McFee hadn't been seen since Boxing Day, they added. An autopsy is pending.

METRO



A member of the al-Qaida-linked Islamic State of Iraq and the Levant (ISIL) gives a lecture at an engineering college in the northern city of Raqqa, Syria. ISIL and rival rebels clashed in Syria on Sunday, undermining the broader opposition movement to oust President Bashar Assad. THE ASSOCIATED PRESS FILE

Syrian rebels, al-Qaida-linked group at odds

Opposition. Bloody fighting that began Friday expands over the weekend

Syrian opposition fighters battled rival rebels from an al-Qaida-linked faction across parts of northern Syria on Sunday, as deep fissures within the insurgency erupted into some of the most serious and sustained violence between groups opposed to President Bashar Assad since the country's conflict began.

The clashes, which broke out on Friday and have spread to parts of four provinces, pit an array of moderate and ultraconservative Islamist brigades against the Islamic State of Iraq and the Levant, an extremist group that has become both

Brutality

- Some in northern Syria originally welcomed the Islamic State of Iraq and the Levant for imposing a degree of order on the villages and towns that fell under its control.
- But the group alienated many by employing tactics deemed brutal even by the standards of Syria's bloody conflict. Its fighters have beheaded captured government fighters, and kidnapped anti-Assad activists, journalists and civilians seen as critical of its rule.

feared and resented in parts of opposition-held areas for trying to impose its hardline inter-

pretation of Islam.

The fighting did not appear to be a turn in unison by Syrian rebel groups against the Islamic State of Iraq and the Levant, activists and analysts said, but rather an outburst of violence against the al-Qaida-linked group in certain communities where tensions with other opposition factions were already simmering.

In a reflection of the fragmented and localized nature of much of the fighting in Syria's civil war, the Islamic State of Iraq and the Levant continued to co-operate with rebel factions against government forces in other parts of the country.

But in some corners of opposition-held northern Syria, the backlash against the Islamic State of Iraq and the Levant has been brewing for months.

THE ASSOCIATED PRESS

Survivors sought after India building collapse

Rescuers using backhoes and shovels searched for survivors Sunday under a massive pile of broken concrete and dust that was left when a residential building under construction collapsed in southern India, killing at least 15 workers.

Authorities suspected dozens more may be trapped under the rubble, but were still trying to determine how many workers were on site when the five-storey structure crumpled Saturday afternoon in the state of Goa. Witnesses reported seeing at least 40 workers.

Soldiers and firefighters listened for movement or cries from the wreckage as they worked overnight to clear the debris, state official Venancio Furtado said.

At least 10 people were pulled out alive overnight, but the chance of finding survivors was dwindling, Furtado said. By Sunday afternoon, the death toll had reached 15, according to the state government.

Goa Chief Minister Manohar Parrikar said he ordered a review of the construction project, after seeing cracks that developed in the adjacent apartment building constructed by the same company, Mumbai-based Bharat Developers and Realtors Pvt. Ltd.



Rescue workers search the debris of a building that collapsed in Canacona, India, on Sunday. RAFIQ MAQBOOL/THE ASSOCIATED PRESS

Common occurrence

- Building collapses are common in India, as massive demand for housing and lax regulations often encourage builders to cut corners by using sub-standard materials or add unauthorized extra floors.

"The design is faulty, which is why the tragedy happened,"

Parrikar said.

Police began investigating both the building company and city officials who approved the construction on a patch of marshland in Canacona. But they have been unable to track down the construction manager and building contractor.

"Without the contractor, it is impossible for us to know how many labourers were on the shift," said state official Ajit Panchwadkar.

THE ASSOCIATED PRESS

Czech Republic

Illegal weapons found after fatal blast

A total of 12 illegal weapons were found at the Palestinian embassy complex in Prague where a possible booby-trapped safe killed the ambassador, police said Sunday.

The deputy Palestinian foreign minister, however, denied



Jamal al-Jamal
CTK/THE ASSOCIATED PRESS FILE

the weapons were illegal.

A police spokeswoman declined to give more details, citing the investigation.

Ambassador Jamal al-Jamal, 56, died Wednesday after an embassy safe exploded. The ca-

reer diplomat had only started his posting in October.

Deputy Palestinian Foreign Minister Taysir Jaradat said Sunday "these guns were either licensed in the embassy or were given as gifts to the ambassador.... They are not in use."

The ambassador's death is being investigated as a case of negligence.

THE ASSOCIATED PRESS

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Alberta, B.C. look into moving oilsands crude by rail: Report

'Viable alternative to pipeline movement.' Environmental group calls idea 'underhanded,' says it raises safety questions in light of recent train accidents

A task force report has been handed in to the British Columbia and Alberta governments that examines the

idea of transporting oilsands crude via rail if proposed pipelines don't get the green light, government documents show.

It's an idea the environmental group ForestEthics calls "underhanded."

It's a "backdoor way for industry to bring tankers to the coast without the same sort of public oversight or public process that we've had around the Enbridge pipeline or would have around the Kinder

Morgan pipeline," said Ben West, campaign director for ForestEthics.

A joint provincial working group was announced by premiers Christy Clark and Alison Redford in July to develop recommendations related to energy exports and the opening of new export markets for products like bitumen for the two provinces, including pipeline and rail transport.

"Rail can be considered a viable alternative to pipeline

Details

The task force is led by Steve Carr, Deputy Minister of Natural Gas Development in B.C., and Grant Sprague, Deputy Minister of Energy in Alberta.

movement based on costs of transport," the terms of reference for the group states. "If pipelines are not developed, rail will step into the void to

deliver bitumen to the West Coast."

West said the report raises safety questions, especially in light of two recent high-profile train accidents.

Oil transport by rail has become a contentious topic after a train containing crude oil derailed and exploded in Lac-Mégantic, Que., in July, killing 47 people, and another train exploded without injuries last month in North Dakota.

"Myself and other people

were pretty freaked out about what happened there," West said of the two fiery blasts.

The provincial working group was mandated to submit a report to both leaders by the end of December.

An Alberta government official did not respond to a question about the completion or release of the report, while an official in Clark's office said the report is complete but that no date has been set for a public release. **THE CANADIAN PRESS**

'Big rate of increase'

More boreal forest protected, but challenges remain: Group

Canada has made significant strides in protecting the vast boreal forest that stretches across most of its provinces and territories, but the world's largest intact forest ecosystem still faces threats, says an environmental group.

The amount of boreal forest under some form of government protection has doubled since 2007 to about 12 per cent of the total area, biologist Jeff Wells of the Canadian Boreal Initiative said recently.

"That's a big rate of increase in a short time and we're hoping that's going to continue," he said.

THE CANADIAN PRESS

New Brunswick

Officials grappled with telling public about unsterilized forceps

Officials at New Brunswick's largest health authority deliberated for three months whether to inform the public about unsterilized biopsy forceps before finally releasing the information and advising patients to get tested for hepatitis and HIV last year.

Documents recently released outline how staff with the Horizon Health Network spent weeks trying to assess the risk to patients. **THE CANADIAN PRESS**



Midwest, Northeast braces for 'polar vortex'

A person struggles to cross a street in blowing and falling snow Sunday in St. Louis. While much of Canada was in a deep freeze, snow-covered roads, high winds and ice were creating dangerous driving conditions from the Midwest to the Northeast U.S. on Sunday ahead of a "polar vortex" — a counterclockwise-rotating pool of cold, dense air that is set to affect more than half of the continental U.S. throughout Sunday and into Monday and Tuesday, with wind chill warnings stretching from Montana to Alabama. **JEFF ROBERSON/THE ASSOCIATED PRESS**

No injuries reported. Plane from Toronto slides off runway at N.Y. airport

A plane from Toronto slid into snow as it turned onto a taxiway after landing at John F. Kennedy International Airport on Sunday, halting flights at the airport for two hours and causing residual delays.

"It could have been worse, a much worse scenario," Jordan Houlton told reporters after he emerged from Delta Connection 4100 along with 34 other passengers and crew members about 90 minutes after the slippery diversion of the aircraft.

Federal Aviation Administration spokeswoman Kathleen Bergen said there was no immediate report of injuries after the plane landed safely at 8 a.m., only to lose its footing and slide into snow as it turned from the runway onto a taxiway.

The plane was then towed to a gate with passengers on board, she said.

The Port Authority of New York and New Jersey, which operates the airport, said operations for domestic and international flights were suspended for about two hours because of slick runways, leaving passengers at crowded gates. Flights resumed after 10 a.m. on two of the airport's four runways, but residual delays for passengers were expected to linger.

The landing came two days after a major snowstorm dumped 15 centimetres of snow in New York City, forcing the cancellation of hundreds of flights and stranding passengers both in the city and throughout the world who were heading to New York. Passengers from cancelled flights continued to fill the few remaining seats on many planes already crowded by holiday travellers.

THE ASSOCIATED PRESS

N.L. blackouts. Premier calls for conservation during 'critical period'

Newfoundland and Labrador Premier Kathy Dunderdale says her government will be asking large consumers of energy to conserve power as the province grapples with power outages and rolling blackouts following a heavy storm.

Dunderdale said energy conservation would be paramount in the coming weeks and large consumers of energy will be

asked to close or reduce operations over the next few days.

"We're looking at customers in the province who use a lot of electricity ... and see if we can have access to that power over the next number of days until we get through this critical period," said Dunderdale at a news conference in St. John's. "But everybody has a role to play in this." **THE CANADIAN PRESS**

Student allowed to use medicinal pot in the vice-principal's office

Marijuana vaporizer. Noah Kirkman's device is no bigger than a walkie-talkie



JEREMY NOLAÏS
Metro in Calgary

Smoking marijuana on school property would land most high schoolers in the principal's office, but Noah Kirkman

is actually encouraged to head there and ingest the drug.

The 15-year-old Western Canada High School student is a licensed medicinal marijuana user after finding the drug far more effective than prescription offerings for treating Tourette Syndrome and attention-deficit disorder.

"It doesn't have any withdrawal effects and I can't (overdose) on it," explained the confident student, who has aspirations of practising photojournalism someday. "It

helps me keep calm; it helps me keep focused."

Kirkman received his licence in September and he and mother Lisa say they proactively approached Calgary Board of Education administrators to discuss terms on how the teen could ingest his medicine on school property.

At first, it was thought Kirkman could use his "one-hitter," which looks like a cigarette, out front of the school. But when it became too cold it was agreed he could pop by

the vice-principal's office and use his marijuana vaporizer three times a day, before class, after class and over the lunch hour.

Kirkman's device is no bigger than a walkie-talkie and he simply flicks a switch that heats his medicine to 367 F.

The CBE would not confirm the Kirkman family's account, citing privacy concerns, and said it doesn't have information to indicate whether other students have been granted similar concessions to use

marijuana on school property. But Kirkman and his mom were interviewed separately to determine whether their accounts check out and Metro was provided with proof of the teen's medicinal marijuana licence.

Lisa is also a licensed marijuana user and no stranger to generating headlines for her use of the drug. In 2011, she and three others ingested marijuana using a vaporizer aboard a WestJet flight bound for Toronto.



Noah Kirkman's vaporizer, which he uses inside his Calgary high school.
COURTESY NOAH KIRKMAN



Elizabeth Howell is seen here in this photo taken on Saturday, en route to the Mars Desert Research Station near Hanksville, Utah. CONTRIBUTED

The Martian Chronicles: Ottawa woman researches life on Mars

An Ottawa woman is living like a Martian for the next two weeks in a Utah desert research facility designed to simulate life on the red planet.

Elizabeth Howell, a Carleton University graduate and aerospace science PhD student in North Dakota, joins a six-member crew in the Mars Desert Research Station near Hanksville, Utah. One crew member is from France and four are from the U.S.

The MDRS is a two-floor, 1,200 square foot facility,

equipped with bathrooms, bedrooms and ladders to access a common area. Unable to speak by phone Sunday, she wrote in an email to Metro that her living arrangement is like staying at a cabin, but with a space twist.

"It's powered by generators, we have limited running water, and we leave the habitat in groups of at least two for safety reasons," wrote Howell. "The twist is that once we enter the simulation, we generally only wear spacesuits while

we're outside. That's because on Mars, you would need a spacesuit to survive."

Howell was selected to participate in the program run by the not-for-profit group, The Mars Society, until Jan. 20. She is also a freelance journalist for several science publications.

She will act as an observer and document her journey for Space.com as well as gather information for the crew's experiments.

While she said she believes humans will one day

inhabit Mars, she's not interested in being one of them if it means there's no return flight home.

Christy Foley, a 32-year-old Edmonton woman (see sidebar), is one of the latest to make the short list for a one-way trip to Mars in 2024 through The Mars One Project, developed by Dutch space entrepreneur Bas Landorp.

Howell is also tweeting about her experience at twitter.com/howellspace.

JOE LOFARO/METRO IN OTTAWA

MARS ONE: SNAPSHOTS

Seventy-five Canadians were among 1,058 shortlisted candidates for a one-way ticket to Mars in a colonizing mission being organized by Mars One, a Dutch not-for-profit foundation. Here's a look at one of the possible "human ambassadors on Mars."

LEAH GERMAIN/METRO IN EDMONTON

To infinity and beyond!

Edmonton's Christy Foley, 32, and her husband both applied for Mars One.

"I've always loved space and the idea of colonizing and expanding," said Foley, who works for the Alberta government. "I grew up on Star Trek Next Generation, which makes me a bit of a nerd."

While Foley was shortlisted, her husband was not. "It was definitely disappointing," Foley admitted. "He was ecstatic that I was picked and I love him for it."

Foley said her husband plans on continuing to apply for future applications for the mission.

"I think what I will miss the most is the ability to go out in nature," Foley said about the possibility of a one-way ticket to Mars. "We will be surrounded by machines forever. Though, part of the plan is to develop our own farms and orchards, so I hopefully won't have to miss the feel of nature for long."

Foley said thanks to volunteer work with the Girl Guides of Canada, she has a great sense of leadership and extensive experience with first aid.

Foley will have to complete a medical examination and have a "job interview" as part of the four-round selection process.

She expects the process to be complete by 2016, with training kicking off for the selected few in 2017 and a departure date set for 2024.

"It's definitely not going to happen tomorrow," she laughed. "I will get to enjoy some time with my family while I am here."



Trend. Wearable gadgets set to take centre stage in 2014

Will 2014 be remembered as the year wearable computing took off?

Upstart entrepreneurs and major manufacturers such as Samsung, Qualcomm and Sony certainly hope so.

Gadgets that you snap, buckle or fasten to your body are already marketed to fitness freaks obsessed with tracking every possible bit of data about their workout. There are countless smartwatches

for tech nerds who'd rather glance at their wrists to check messages than reach for their smartphones. And thousands of people are already seeing the world differently with the help of the Internet-connected eye-wear, Google Glass.

Technology companies will stretch the wearable concept further this week in Las Vegas at the International CES event, the industry's annual trade show. **THE ASSOCIATED PRESS**



Attendees wear Google Glass while posing for a group photo during the Google I/O developer conference in May in San Francisco. JUSTIN SULLIVAN/GETTY IMAGES

'Click farms' sow big social media numbers

'The dark side.' Making it look like you've won friends and influenced people has become big business



"Click farms" inflate social media numbers, such as Facebook likes.

STEPHEN LAM/GETTY IMAGES

Celebrities, businesses and even the U.S. State Department have bought bogus Facebook likes, Twitter followers or YouTube viewers from offshore "click farms," where workers tap, tap, tap the thumbs up button, view videos or retweet comments to inflate social media numbers.

Since Facebook launched almost 10 years ago, users have sought to expand their social networks for financial gain, winning friends, bragging rights and professional clout. And social media companies cite the levels of engagement to tout their value.

But an Associated Press examination has found a growing global marketplace for fake clicks, which tech companies struggle to police. On-line records, industry studies and interviews show companies are capitalizing on the opportunity to make millions of dollars by duping social media.

For as little as a half cent each click, websites hawk everything from LinkedIn connections to make members appear more employable to

SoundCloud plays to influence record label interest.

"Anytime there's a monetary value added to clicks, there's going to be people going to the dark side," said Mitul Gandhi, CEO of seoClarity, a Des Plaines, Ill., social media marketing firm that weeds out phony online engagements.

Italian security researchers and bloggers Andrea Stroppa and Carla De Micheli estimated in 2013 that sales of fake Twitter followers have the potential to bring in \$40 million US to \$360 million US to date, and that fake Facebook activities bring in \$200 million US a year.

As a result, many firms, whose values are based on credibility, have entire teams doggedly pursuing the buyers and brokers of fake clicks. But each time they crack down on one, another, more creative scheme emerges.

THE ASSOCIATED PRESS

Five 'click farm' facts

1. A click farm is a business that sells clicks for fans, likes, followers, views and more.
2. People buy clicks to boost their social media numbers, which can lead to profits and popularity.
3. Buying and selling clicks violates social media user rules but is not regulated by U.S. state or federal agencies.
4. Click farm revenues are estimated to be worth hundreds of millions.
5. Sellers offer clicks for Facebook, Twitter, LinkedIn, Instagram, Pinterest, SoundCloud, YouTube, Vimeo and more.

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Bluefin tuna swim into dangerous waters

Sushi restaurateur Kiyoshi Kimura poses with a 230-kilogram bluefin tuna he bought at an auction before cutting it at his restaurant near Tsukiji fish market in Tokyo on Sunday. Kimura paid 7.36 million yen (about \$70,000 US) for the bluefin tuna in the year's celebratory first auction, just one-twentieth of what he paid a year earlier despite signs the species is in serious decline. Environmentalists say growing worldwide consumption of bluefin tuna is leading to its depletion, and that those in charge of managing fisheries for the species are failing to take responsible action to protect it. Japanese eat about 80 per cent of all bluefin tuna caught worldwide, though demand is growing as others acquire a taste for the tender, pink and red flesh of the torpedo-shaped speedsters of the sea. Stocks of all three bluefin species — the Pacific, Southern and Atlantic — have fallen over the past 15 years amid overfishing. Stocks of bluefin caught in the Atlantic and Mediterranean plunged by 60 per cent between 1997 and 2007 due to rampant, often illegal, overfishing and lax quotas. SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

BREAKING: IT'S COLD OUTSIDE

It's -35 with a windchill of "what the hell are we doing here?" and people on the radio are comparing the temperature of Winnipeg to Mars, when I go to pick up my son.

He's five years old, clad head to toe in a snow-suit so orange he could be seen from Mars, and unlike every whiny adult I've encountered that day, he couldn't care less about the cold.

What should have been a 30-second walk to the car turns into a five-minute adventure, as he climbs up and down snowbanks, jumps into drifts, and insists on shovelling the walkway.

I'm underdressed, but having fun chasing him around, and I think to myself, "When did we all get so damn soft?"

When we were kids, most of us were fascinated by winter and obsessed with playing hockey or making snow forts. Now we're fascinated by windchill and obsessed with posting pictures of the Environment Canada forecast on social media sites.

Yes, it's cold. It's Winnipeg. It's winter. What did you expect?



URBAN COMPASS

Colin Fast

winnipeg@metronews.ca

We can all hide inside and tweet incredible tales about how cold it is outside, or we can actually go outside, embrace the weather and have much better stories to tell.

So in an effort to help us all rediscover the joys of the season, and make it through this never-ending cold snap as best as possible, I've enlisted my son to share his best winter survival tips:

"Get some snow pants."

It's a scientific fact that it's impossible to wear snow pants and not feel like you're five years old again. Plus it's very refreshing to sit down in the snow after an hour of shovelling.

"Wear a warm jacket."

I recently caved and bought an obscenely expensive parka that makes it look like I have a hundred geese strapped to my torso. I rationalized the purchase by considering I could go on a vacation to keep me warm for seven days, or I could get a coat to

keep me warm for seven winters. After wearing it for the past few weeks, it's already paid for itself.

"Go skating or skiing or sledding."

Standing around in the cold is, well, cold. But try getting active and you'll heat up in no time. Some runners say they'd take -30 over +30 any day, as it's easier to manage your temperature.

"Make sure you have good tires."

Some of our biggest complaints about winter focus on driving. The roads are too rutted or too snowy or too slippery. I bought my first-ever set of winter tires this year, and the improvement in the driving experience has been incredible.

"Maybe get a dog to walk."

It's hard to stay inside all day when Sparky gives you the sad eyes and nods toward the door. For extra fun, get yourself a winter breed like a Husky or Samoyed, and you'll be romping through the snow like you're a kid again. Don't forget your snowpants.

ZOOM

Here fishy, fishy, fishy



CHUNG SUNG-JUN/GETTY IMAGES

South Korean festival gets off to icy start

A child casts a line through a hole into a frozen river during an ice fishing competition at the Hwacheon Sancheoneo Ice Festival over the weekend in Hwacheon-gun, South Korea.

The annual event attracts thousands of visitors and features a mountain trout ice

fishing competition in which participants compete with traditional lures or with bare hands.

The festival is a big deal for the country. It was recently selected as one of the representative festivals by the South Korean government and CNN declared it one of the seven winter wonders in 2011.

GETTY IMAGES

Running through Jan. 26

- The exhibits include the Ice Sculpture Park, Michelangelo Special Exhibition and the 3D Digital Gallery.
- In addition to ice fishing, there is also sleigh-riding, snow-sledding, and a daily ice show.



An angler's catch of the day.

GETTY IMAGES

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

Bandcamp is an online store that allows music fans to purchase albums directly from the artist, often allowing purchasers to name their price. But wait! There's more! You can also preview albums in their entirety before buying. It's a can't-miss proposition, so swing by and check out these Canadian artists.

The Royal Streets:

Relentlessly pleasant acoustic pop music, buoyed by plenty of cooling and a classic rock flavour. It's the type of music you'll often come across in coffee shops, complete with the gentle, raspy voice and quiet crash cymbals. Sunday morning music, in other words.

(theroyalstreets.bandcamp.com)

Sean Nicholas Savage:

There's a staggering amount of music on this Montreal musician's page, and it's always hard to find a "skippable"

song in the bunch. Sunny pop, piano ballads, moody electro. It's all here. A prolific writer and a busy tourer, there's a good chance he'll be in your town sometime this year.

(seannicholassavage.bandcamp.com)

Jonathan Atkins:

A singer-songwriter with a devastating ear for harmonies and a delicate touch with lyrics that slide perfectly into a horrid winter. There's a definite Celtic touch, but far sweeter than something like Mumford and Sons.

(jonathanatkins.bandcamp.com)

Twitter



@metropicks asked: Hey travellers! Don't tip if you're at a Miami Beach eatery. Restaurants/bars automatically add 15 per cent gratuity. Should they?

@novascotiarasta: Considering low-paid servers, be fair, add it upfront. Don't have them work (or not work) for tips.

@mcmounce: Gratuity inclusion should be clearly advertised but isn't as well as tourists exemption from sales tax

@RMichaelRoberts: automatic tip

only if servers inform and remind customers that Tip is already applied and no further tip required

@tiikerikani: The food isn't worth the price at all, tip or not

@bhofley: Don't think so. Removes any incentive for them to provide good service.

@Lowpass: they do cause snowbirds are notoriously bad tippers and wait staff make like \$7.80/hr in florida. 15% is minimum.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

Ebooks



Guillermo del Toro's Cabinet of Curiosities

By Guillermo del Toro
& Marc Zicree

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MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

While making movies, Guillermo del Toro (Pan's Labyrinth, Pacific Rim) keeps imaginatively illustrated journals. Select pages are used here for a fascinating discussion about his influences and obsessions, with contributions by James Cameron, Tom Cruise and Alfonso Cuarón. Thankfully, you can double-tap and zoom to explore their worlds in intimate detail.

Box office

Disney freezes out demons

On a wintery weekend, Disney's Frozen retook the box-office top spot with \$20.7 million US, freezing out the horror spinoff Paranormal Activity: The Marked Ones. According to studio estimates Sunday, Paramount's The Marked Ones debuted in second place with \$18.2 million US, a total that includes Thursday night screenings.

THE ASSOCIATED PRESS



Emile Hirsch, right, had to prove he belonged among the brave and brawny to land his role in Lone Survivor, which opens Friday. CONTRIBUTED

How Hirsch got huge

Lone Survivor. Actor was told he didn't have the 'physicality' to play a SEAL — cue to Rocky theme song

MATT PRIGGE
Metro World News in New York

Emile Hirsch isn't a ripped type, like his Lone Survivor castmates Mark Wahlberg and Taylor Kitsch. Yet he plays a SEAL in the adaptation of Marcus Luttrell's book, which details a mission gone disastrously awry when a quartet of soldiers went to capture or kill a Taliban leader in 2005 and wound up ambushed, fighting for their lives. Hirsch, who plays soldier Danny Dietz, says it was intensely difficult — which is exactly what he wanted.

What drew you to playing a SEAL?

A lot of people when they think of Navy SEALs, they think of this G.I. Joe type. When I read the book, I realized that's not who Danny Dietz was. He was someone I could really relate to. He was an artist. He was a great drawer. He was a quiet, serious person who was soft-spoken. But when that switch flipped he was all business.

The film isn't particularly jingoistic, but it also doesn't get into the question of whether war is just or not. It's not a political movie. It's not a movie that dabbled in, "Should we be there?" It's on a smaller scale. It's about representing the type of person or the type of courage it takes to be one of these soldiers.

Was it difficult convincing Peter Berg to cast you as

one of the toughest kinds of soldiers?

Peter Berg flat-out said to me when I first tried to get the part, "You don't have the physicality. No offence, man." I just wanted to be in the movie so badly. I didn't take no for an answer. I kept on emailing him and calling him and texting him and writing him letters. Eventually he sent me this text that just read, "Show up at Gold's early tomorrow." I wrote him back and said, "Early? What time?" No response. So I realized, "OK, this is a test." I woke up at 3:30, and I went to Gold's in Venice Beach and waited there for them to come and unlock it. The guy came at 6 to open it up. He was like, "Alright, man, come back here at 8:30, Peter will be here." So I went and took a nap at my buddy's apartment.

I went back, I just followed Peter, who was working out like a beast with a trainer. At the end of the day, Pete took

me aside and was like, "How badly do you want to be in this movie?" I was like, "Really f—ing bad." He was like, "How hard do you want to work?" I said, "I'll be here every day." He said, "Alright, that's what you're going to do, six days a week." I asked if he was giving me the part. He said, "No." So I trained six days a week for hours and hours a day. It was three months before they gave me the part. They were trying to simulate an environment that would make me want to quit. I never did.

How was getting out of shape after the movie wrapped? Did your body just rebel against you?

It sucked. I tried to keep lifting and keep training. I couldn't keep my body at the same level, because you'd have to train four or five hours a day. It was a withdrawal. All of a sudden you're back to this unstructured life.

Getting to know TV stars

Metro caught up with a few of the actors who will be on your tube this winter.

Chicago PD

Sophia Bush of Chicago PD

Who's your dream buddy cop?

I have a pretty serious obsession with Woody Harrelson's work. And he's playing a cop on his new show. I'd love to trade thoughts with him!

If I was a cop for a day I'd be most excited to

Flip the sirens on. A lot.

ON GLOBAL ON WEDNESDAY - 10PM ET/PT



Hawaii Five-o

Grace Park of Hawaii Five-o

Which TV cop duo or team would you most like to partner up with? Poncho from CHiPs.

You're stranded on a deserted island — what's the one thing you would bring? LOST DVD set.

ON GLOBAL ON FRIDAY - 9PM ET/PT



NCIS: LA

Eric Christian Olsen of NCIS: LA

Which TV cop duo would you most like to partner up with? CHiPs. 'Cause four wheels move the body, two wheels move the soul.

Pick a personal theme song... Going to California by Led Zepelin

ON GLOBAL JANUARY 14 - 9PM ET/PT

Lutz gets it on: Cyrus wrapped around Twilight star at end of 2013

Miley Cyrus is apparently starting the New Year with a new man in her life, having been spotted getting frisky with Twilight star Kellan Lutz at a Las Vegas nightclub just before New Year's Eve, according to E! News. "They were making out and didn't seem to care who was watching. It

wasn't a secret that they were together," a source says. "She kept grabbing him throughout the night. You can tell he was into her, but at times he looked like he was uncomfortable with all the attention they were getting at the club."



Twitter



@ElizabethHurley

About to go on a 8km toboggan ride. Help...



@mindykaling

You know it's time to put away your phone when you're like: hm, what's the worst thing I could tweet that would end my career irrevocably?



@SarahKSilverman

On my tombstone I just want it to say, "I'm cold"

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Jay and Bey's sex-toy bill will take your breath away



STARGAZING

Malene Arpe
scene@metronews.ca

Happy New Year...

According to a report, Beyoncé and Jay Z spent \$6,000 on sex toys. Perhaps someone should explain to them that there's absolutely no need for anything to be gold-plated.

Lily Allen refers to fellow pop stars as "a bunch of sterile bleeping Botoxed idiots that stank of desperation."



She later apologizes and clarifies that, "I have no way of knowing whether it was Botox or Restylane."

Prince William will be attending Cambridge University to study agricultural management. Meanwhile, Prince Harry, following up on his trek to the South Pole, plans to have himself shot out of a cannon, work the rodeo and, in general, be 300 times cooler than his brother.



Kate Winslet. ALL IMAGES GETTY

Winslet can't Bear the thought of her new son being a Rocknroll-er

Kate Winslet confirms that her first child with husband Ned Rocknroll, son Bear born last month, has her last name instead of his. "Of course we're not going to call it Rocknroll," she tells the U.K. edition of Glamour. "We haven't really had that conversa-

tion. It was always going to have my name." But lest we think Winslet has been bowing to outside pressure, rest assured the actress doesn't care what other people think. "People might judge all they like, but I'm a f—ing grown-up," Winslet says.

WILL ARNETT BRENDAN FRASER GABRIEL IGLESIAS WITH LIAM NEESON AND KATHERINE HEIGL

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Safety Steps

Taking children into crowded venues

Taking young children into busy and crowded venues can often make even the most confident parents feel slightly nervous. Here are three easy and effective tips to ensure safety in crowds.

- Slip your business card in your children's pockets.
- With a marker, write your cell number on the back of your children's hand.
- For up-to-date ID purposes, take a photo of each of your children with your phone. Should you become separated



from a child, it will be much easier for you to be recon-

nected. **EVELYN HANNON, YUMMY-MUMMYCLUB.CA**

Exclusively online

Read the latest Metro content from Lyranda Martin Evans and Fiona Stevenson, authors of the hilarious, best-selling book *Reasons Mommy Drinks*, at metronews.ca/voices.



Don't clip tooth fairy's wings

Timing. A mom explains why she, and her daughter, aren't ready for the truth about that tiny fairy who leaves money in return for teeth lost by kids

SIDURA LUDWIG
YummyMummyClub.ca

The other day, I lied to my daughter.

Every once in a while, she likes to go on this website called therealtoothfairies.com. She has a favourite tooth fairy, Avalane, and has been known to write her letters. At night, I take the letters out from under her pillow and put back a note, usually written in cursive so she won't recognize my handwriting.

I have mixed feelings about our scenario.

I don't like that she's found a website that basically dictates to her how she should imagine the tooth fairy. The website also charges to upgrade to different activities, which she knows I flat out refuse to allow her to do.

Does the tooth fairy really



Your kids will give you cues when they're ready to hear the truth about the tooth fairy truth. **ISTOCK**

need to be more commercial than the toonie she gets under her pillow when she loses a tooth?

However, I have no problem in general with the concept for a tooth fairy. And let's face it: realizing that the tooth fairy is just your parents is one of those rites-of-passage into older childhood. She's six. I want her to stay young for as long as she can.

Recently, after fiddling around on her favourite website and printing out a copy of her latest letter, she said to me, "Mommy, is it really just you sending me the letters?"

Usually I parent by the philosophy, "If they're old enough to ask, they're old enough to know."

So, at first I said "Yes."

And then I saw her face. She was frozen. Her mouth

did not turn up into that "I knew it!" smile.

She looked like she was willing herself not to process my words. Her eyes searched mine. She said it again, "No really, mommy. Is it you sending me the letters?"

And then I got it. She wasn't ready yet. And she was giving me a way out.

So I lied: "I'm the one who passes your letters onto the

tooth fairy and makes sure they get there."

That's when she smiled. "Oh! OK. Because everyone at school says there's no such thing as the tooth fairy — that it's just your parents."

"I tell them, 'No! My parents don't have wings! My mother's name isn't Avalane!'"

And she ran off to put her latest letter under her pillow.

I think she knows her time will come when she won't believe this anymore.

I remember the night her older brother came downstairs and said, "It's just you guys, right?" He had the "I knew it!" smile.

I think she might even know this is a game she and I play together, that as soon as she admits to knowing, the game will stop.

Recently, she woke me early to decode the cursive in the letter she found under her pillow. Avalane told her she can't wait until her current wiggly tooth falls out, and that believing is something you feel in your heart (thank you, classic Disney).

She took the letter back from me, held it against her chest and then skipped off with that smile.

YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE THAT HELPS BUSY WOMEN TO SURVIVE MOTHERHOOD

Pregnancy: It's not all about swollen ankles

In pregnancy, there's lots to complain about: nausea, back pain, high blood pressure, low blood pressure, swollen ankles, swollen feet, swollen everything, weight gain, constipation, random hairs, pubic-bone pain, vagina pain, breast pain, everything-on-your-body pain, sleeplessness, nightmares, night sweats; the list goes on. But there are also perks!

There is stuff you can't do

Trust me, this can be a good thing. "I'm sorry, I'd love to change the cat litter, but I guess

that's off my to-do list for the next 40 weeks." Or, "Yikes, I'd love to clean the toilet but I probably shouldn't expose myself to harsh chemicals."

Your boobs look great

The rest of your body might feel crappy, but these new buoyant breasts are a fun perk, even if they're too tender for your significant other to touch. They look great, so enjoy them.

You call the shots

No matter what, you win because you're growing a human

and nothing can trump that. Your significant other says, "I had such a bad day at work." You can reply: "Yeah, me too. Plus, it felt like someone was carving hieroglyphics into my cervix with an ice pick. Did I mention I'm growing a human? Do you mind getting dinner started?"

Random rage is justified

This is pretty self explanatory.

You can end unwanted conversations quickly

If you're in the middle of a

boring conversation, you can excuse yourself with lines like, "Sorry, I just got kicked in the bladder. There is a very good chance I might pee myself if I don't go to the bathroom immediately."

You're growing a human

At the end of the day, this is what it comes down to, right? I mean, how freaky and sci-fi cool is it that you're growing a human being inside of you? Fingernails are developing, brain cells,



Back pains aside, you're growing a life. How amazing! **ISTOCK**

lung fibres, bones, a heart, eyelashes... Blows. My. Mind. **JEN WARMAN, YUMMYMUMMYCLUB.CA**

Flash food. Flank Steak with Shiitake Mushrooms & Hoisin Sauce



ROSE REISMAN
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One of my favourite dinners for the family is a lean sliced steak with a tasty sauce and a salad to start your meal.

You can enjoy meat at least twice a week and still eat healthy — providing you're eating the right cut of beef. My go-to steak is flank since it's tender, lean and quick cooking. Consider that six ounces of flank steak has only five grams of saturated fat compared to a rib steak that has 14 grams.

There's a lot more artery clogging fat when you indulge in the fattier cut.

If you have the time, you can tenderize the flank steak by marinating in a light bottled salad dressing or any oil and acidic ingredient such as balsamic vinegar or lemon juice. Add

some herbs and spices of your choice. The steak will always be more tender if you can marinate it in the morning or the night before.

If you don't have sweet rice vinegar or mirin, you can use regular rice vinegar and add one tablespoon of sugar and heat gently to dissolve. Chinese five-spice powder is available in the dried herb section of your supermarket. It's a combination of cinnamon, star anise, cloves, pepper and fennel. If you don't have shiitake mushrooms, feel free to use another mushroom of your choice such as button, oyster or brown, being sure to cook the mushrooms until all the moisture evaporates.

I love my steaks served medium rare, which is about 130 F. Use a meat thermometer to test the doneness. Remember that the steak continues cook-

Nutritional information

Per serving: 429 calories; 21.4 g carbohydrates; 4.7 g fibre; 41 g protein; 18 g total fat; 6.6 g saturated fat; 111 mg cholesterol; 680 mg sodium

Ingredients

Mushroom Hoisin Sauce

- 1/3 cup sweet rice wine vinegar or mirin
- 1 1/2 tsp Chinese five-spice powder
- 1/3 cup hoisin sauce
- 2 tbsp toasted sesame seeds
- 3 tbsp rice vinegar
- 2 tbsp low-sodium soy sauce
- 2 tbsp sesame oil

- 1 lb whole shiitake mushrooms, cleaned with stem removed
- 2 green onions, sliced for garnish
- 1 1/2 lb flank steak

ing for about 10 minutes after you remove it from the heat, so don't overcook it.

If you want a grain alongside the steak, try brown rice or soba or rice noodles.

Directions

1. Combine mirin, five-spice powder, hoisin, sesame seeds, vinegar, soy sauce and sesame oil. Pour 1/4 cup of the sauce over the flank steak, letting it marinate while you cook the mushrooms.

2. In a large skillet sprayed with vegetable oil, sauté mushrooms 12 minutes or

until tender. Add another 1/4 cup of the sauce and cook one minute.

3. In a grill pan sprayed with vegetable oil, grill steak on medium-high heat 8 minutes per side or until done to your preference. Let sit 10 minutes.

4. Slice steak against grain into thin slices, scatter the whole mushrooms on top, garnish with the green onions. Serve with the remaining sauce. **THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN**

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You've been canned, what's the plan?

Get to the bottom of your boot. What to do after you've been terminated from your job

PARISA
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TalentEgg.ca

When you're just getting your foot in the door, the hardest thing to contemplate is being fired.

Knowing your rights and obligations during an otherwise uncertain and difficult time will help when transitioning from one job to another.

The following is a snapshot of some of the issues for you to be aware when you've lost

your job:

Is the termination lawful?

While it is the employer's prerogative to dismiss employees at any time (by either having cause or providing notice or payment in lieu of notice), not all dismissals are lawful.

It is therefore crucial to determine why you've been fired. If any of the following



Getting let go from any job is tough and in many cases, embarrassing, but that shouldn't dissuade you from assessing your termination and ensuring that it accords with applicable laws. iStock

occurs, your dismissal may not be justifiable. The following restrictions apply to Ontario only. Provincial laws vary:

- Dismissal is based on a prohibited ground under the Ontario Human Rights Code, such as disability, age, sex or sexual orientation.
- Dismissal follows a complaint of harassment or violence in the workplace.
- Dismissal follows a complaint under the Employment Standards Act, 2000 (ESA) including payment of wages and overtime pay.
- Dismissal occurs during leaves of absence such as pregnancy leave and emergency leave, or immediately thereafter.

If your dismissal is based on any of the above, remember that any legal remedy you have may carry a time limitation, so it is best that you consult with legal counsel or start the appropriate process as soon as possible.

Entitlement to termination pay

Your employment may come to an end for "just cause" or "without cause."

If you've been fired for just cause, the employer has ended the relationship for a particular reason such as theft, illegal activity, excessive lying, workplace violence or other inappropriate behaviour. In this circumstance, you're not entitled to any payment as

a result of your termination. These terminations are often contentious. It is important to seek legal advice if this is the basis of your termination, as you may have been wrongfully dismissed.

If you've been fired without cause, the employment relationship has been terminated but not necessarily as a result of your actions. This is often the case where the employer is downsizing or where the relationship just isn't a good fit. In Ontario, in this case you have minimum entitlements under the Employment Standards Act, 2000 (ESA).

There is an entitlement to notice (or pay in lieu), which is based on your length of service (one week per year of service), and is currently capped at eight weeks' compensation.

In some circumstances, you may also have a right to statutory severance pay once you've worked for more than five years.

If your employment contract does not restrict your entitlements to these minimum standards, you may wish to negotiate for a more generous termination package that considers your length of service, your age, the nature of your position and the availability of comparable alternative employment.

On top of notice or pay in lieu of notice, you are also entitled to benefits for at least your minimum notice period under the ESA, so you should ensure that this is a part of your termination package. If you have received less than what you are entitled to, you may also have been wrongfully dismissed.

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Luge

Canadians take silver ahead of Sochi Games

Canada continued to push towards its first Olympic luge medal, winning silver in the team relay at a World Cup event on Sunday in Königssee, Germany.

Sam Edney, Alex Gough and Justin Smith, all from Calgary, and Tristan Walker of Cochrane, Alta., joined forces to win silver in two minutes 44.499 seconds.

Germany finished on top at 2:42.781, while Italy took bronze in 2:44.681.

It was the third silver for the Canadian foursome in the team relay this year.

THE CANADIAN PRESS

NHL

Jones jettisoned upon Quick's return

Martin Jones has been sent back to the minors by the Los Angeles Kings despite the goalie's record-tying start to his NHL career.

The Kings made the move Sunday, a day after Jonathan Quick returned to the lineup.

Jones matched Bob Froese's record when he won his first eight NHL starts last month for the Kings, who recalled him from their AHL affiliate in Manchester to back up Ben Scrivens during Quick's 24-game injury absence.

THE ASSOCIATED PRESS



Martin Jones GETTY IMAGES



Canadian players, from left, Anthony Mantha, Zach Fucale and Charles Hudon react after losing 2-1 to Russia in the bronze-medal game at the world junior hockey championship on Sunday in Malmo, Sweden. FRANK GUNN/THE CANADIAN PRESS

Canada runs into Russian roadblock

World juniors. Canucks lose bronze-medal game to finish fourth for second straight year

No excuses

"Age is irrelevant because it is the best we had in our country. It's just the way it's set up."

Brent Sutter, head coach of Team Canada

There is hope for next year's team, but that didn't make it easier for the Canadian players that left the world junior championship without a medal for a second year in a row.

A bid for a first gold medal in five years had died with a 5-1 loss to Finland in the semi-finals, and a 2-1 loss to Russia in the bronze-medal game on Sunday left captain Scott Laughton

and his teammates in a gloomy mood.

"When you put on this crest and try to represent your country and can't even bring a medal back to Canada to the people who've been cheering for you, and have 4,000 fans come down here, it's heartbreaking," said Laughton.

Mikhail Grigorenko got a lucky goal off Mathew Dumba's

skate and Eduard Gimatov wired a shot to the top corner in the first period, but Canada could only answer with defenceman Josh Morrissey's first of the tournament midway through the third period against sharp Russian goalie Andrei Vasilevski.

It was the second year in a row Canada lost a bronze-medal game to Russia after a 6-5 set-

back last year. And it marked the first time Canada has gone without a medal at this event in consecutive years since it happened three years in a row from 1979 to 1981.

The support was there from the start from hundreds of red-and-white clad Canadian fans who went to Sweden to cheer on a team that turned out to be too young, too unlucky and perhaps not talented enough to win this year's tournament.

Canada brought its second youngest team ever to Malmo — only the team that was disqualified in 1987 for a brawl with the Soviets was younger.

THE CANADIAN PRESS

Malkin returns to boost Penguins past Jets

Evgeni Malkin woke up Sunday morning, texted Pittsburgh Penguins coach Dan Bylsma and told him he was good to go after missing nine games because of an ailing left leg.

Sure looked like it. The Russian star scored twice and added an assist, helping the Penguins rally past Winnipeg 6-5 to extend their home winning streak to 12 games. James Neal added two goals and Jussi Jokinen

On Sunday	
6	5
Penguins	Jets

scored for the third time in the last two games as Pittsburgh's second line kept the Penguins

in it until Matt Niskanen's slap shot with 7:22 remaining won it.

"It's always a big boost when you get a guy like (Malkin) back," Neal said. "Myself and Jussi were obviously excited. We try to feed off that. It looked like he didn't miss a beat out there. He was his normal self."

Pittsburgh remains unbeaten at home since Nov. 13.

Bylsma won his 232nd

game with Pittsburgh, moving into a tie with Eddie Johnston for the most victories in franchise history.

Evander Kane had two goals and an assist for Winnipeg. Jacob Trouba, Blake Wheeler and Mark Scheifele also scored for the Jets, who remained winless in Pittsburgh since 2006. Al Montoya made 33 saves, but couldn't make an early 2-0 lead stand up.

THE CANADIAN PRESS



After missing nine games, Evgeni Malkin returned and recorded three points in a Penguins win over the Jets. GENE J. PUSKAR/THE ASSOCIATED PRESS

Tennis

Hewitt snaps title drought with win over Federer

Lleyton Hewitt won a title for the first time since 2010 with a 6-1, 4-6, 6-3 upset win at the Brisbane International over Roger Federer, his longest-standing rival on tour.

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FA Cup

Man U and West Ham eliminated in third round

Manchester United and West Ham paid a big price for fielding heavily weakened teams in the FA Cup when they were knocked out in the third round on Sunday, while Chelsea and Liverpool advanced relatively comfortably.

Swansea capitalized on the 80th-minute sending-off of substitute Fabio Da Silva by scoring in the last minute through Wilfried Bony in a 2-1 win at United.

Like United, West Ham used a lineup full of reserves ahead of its League Cup semifinal against Manchester City on Wednesday, losing 5-0 at second-tier Nottingham Forest in the third round's biggest shock.

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Nottingham Forest's Andy Reid celebrates scoring against West Ham on Sunday. THE ASSOCIATED PRESS

NCAA basketball

Jayhawks come up short vs. Aztecs

Xavier Thames scored 16 points and No. 21 San Diego State held on to beat No. 16 Kansas 61-57 on Sunday, ending the Jayhawks' 68-game non-conference winning streak at Allen Fieldhouse. Andrew Wiggins scored 14 points for Kansas. THE ASSOCIATED PRESS

'It wasn't surreal'



"You're able to go home ... turn the TV on and find out that it did happen. It is real."

Indianapolis Colts coach Chuck Pagano after Saturday's shocking turnaround from a 38-10 second-half deficit to a 45-44 win over the Kansas City Chiefs.

Niners force Packers to pack it up for off-season

NFL. Dawson kicks FG as time expires and San Fran wins frigid wild-card game in Wisconsin

Under pressure in sub-zero weather, Colin Kaepernick kept his cool.

Facing a blitz on third-and-eight, the elusive San Francisco 49ers quarterback scrambled 11 yards out of trouble to set up Phil Dawson's 33-yard field goal as time expired for a 23-20 win Sunday over the Green Bay Packers in a NFC wild-card game.

Doesn't matter where or when — the 49ers keep figuring out how to beat Green Bay.

"Didn't think we were going to pull it out, did you?" coach Jim Harbaugh said.

When it's Kaepernick and the 49ers facing the Packers, the game is never over. Even in the meat locker that was Lambeau Field.

No sweat for Kaepernick.

He went sleeveless, and didn't wear gloves.

"I've played in cold-weather games before," he said. "I feel like it's more mental than anything."

San Francisco plays at Carolina next Sunday in the divisional round.

Kaepernick threw for 227 yards, including a 28-yard TD pass to Vernon Davis, and ran for another 98, while Michael Crabtree had eight catches for 125 yards for San Francisco.

In a back-and-forth fourth quarter, the 49ers threw the final punch. Kaepernick escaped a blitz to get to the 27 with 1:13 left.

"Just trying to figure out a way to get that first down," Kaepernick said. "Had a play called, we didn't get the look that we wanted. It worked out for us."

Dawson nailed the winning kick five plays later — but only after nearly being blocked by edge rusher Davon House.

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Colin Kaepernick runs the ball against the Green Bay Packers during the 49ers' NFC wild-card win at Lambeau Field on Sunday. JONATHAN DANIEL/GETTY IMAGES

Chargers-Bengals

Rivers pours water on Bengals' hopes

Philip Rivers' gloved hands found the right touch in the January cold.

The Bengals? Still can't do anything right when it's playoff time.

San Diego took advantage of Andy Dalton's three turnovers in the second half on Sunday, pulling away to a 27-10 victory that extended the Bengals' stretch of playoff misery to 23 years and counting.

With Rivers making accurate throws in the chilling rain, the Chargers (10-7) won their fifth in a row, beating the last team that had knocked them off. They'll play next Sunday in Denver, which has the AFC's top seed.

It was a shocking finish for the Bengals (11-6), who won the AFC North, went unbeaten at home and had their top-ranked defence for the playoffs. With everything in their favour, they fell apart, getting outscored 20-0 in the second half.

THE ASSOCIATED PRESS

Raptors' winning streak melts on Heat check



DeMar DeRozan of the Raptors shoots over the Heat's Chris Andersen on Sunday in Miami. MIKE EHRLMANN/GETTY IMAGES

LeBron James scored 30 points, Michael Beasley came off the bench to add 17 and the Miami Heat held on down the stretch to beat the Toronto Raptors 102-97 Sunday night.

Dwyane Wade scored 14 points and Chris Bosh grabbed 11 rebounds for the Heat, who successfully overcame a deficit entering the fourth quarter for the seventh time in 13 tries. Miami was down by five entering the fourth, then opened the final period with a 7-0 run and never trailed again.

DeMar DeRozan scored 26

On Sunday

102

Heat

97

Raptors

points on 11-for-19 shooting for Toronto, which was bidding for its first six-game winning streak since April 2007. Amir Johnson and Jonas Valanciunas each scored 17 for the

Raptors, who also got 14 from Kyle Lowry.

Toronto had a slew of late chances. Johnson could have given the Raptors the lead with 25 seconds left, but his four-footer contested by Bosh bounced off the rim. And Lowry's three-pointer with Toronto down by three with six seconds left also bounced off the iron, with James coralling that rebound and sealing the win with a pair of free throws with 4.1 seconds left.

Bosh shot just 2-for-9, but his hook in the lane with 8:57

left put the Heat on top 86-84 and capped the flurry that opened the fourth.

Miami announced early in the third quarter that Mario Chalmers would not return because of tendinitis in his right Achilles, though he played 15 minutes in the first half. Without Chalmers, Roger Mason Jr. got five minutes of second-half playing time for the Heat. Unless the Heat decide to part ways beforehand, Mason Jr.'s contract becomes guaranteed for the remainder of the season on Tuesday. THE ASSOCIATED PRESS

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